



STANDING TALL FACT SHEET

STANDING TALL provides the only program of its kind in the New York area that combines a full Conductive Education curriculum with academics.

Conductive Education is an approach to teaching children with motor disorders that uses the child's cognitive abilities as the route through which they can be taught how to use their bodies better.

Each day, a child completes a series of five physical tasks designed to further the child's physical skills:

- **The lying program**, performed while lying on slatted wooden tables, works on rolling, shifting from lying to sitting and sitting to lying, combat crawling, sliding along a flat surface, sliding on and off the table (as a bed), reaching, grasping, pulling, and pushing.
- **The standing and walking program** works on standing and walking skills.
- **The sitting program** works on functional movement while sitting on a chair on the floor and includes bending down to pick up an item, reaching overhead to hold up a hand or object, sitting with control, and moving from sit to stand and stand to sit.
- **The hand program** works on functional hand movement such as grasping, pointing, holding writing instruments, drawing, and writing.
- **The individual program** is time set aside each day for the conductor to work with each child on the skills most important for the child's progression.

Children attending the full-day program experience an integrated curriculum of age-appropriate academic lessons in reading, math, literacy, science, art, and music, interwoven with physical tasks.

Part-day programs are based exclusively on Conductive Education.

Full-day, part-day, year-round six-week and non-residential summer camp options are available.

Each program is led by a group leader who has earned a four-year degree in Conductive Education (in conductive education terms, a "conductor").

Individual assessments to evaluate a child's suitability for the Standing Tall program can be scheduled by calling Standing Tall at 212-787-8315. Assessments are done by a conductor and take approximately one hour.

Standing Tall welcomes tots, pre-school, and school-age children with motor disabilities such as cerebral palsy, spina bifida, and similar neuro-motor disorders.

Standing Tall's facility is in a wheelchair-accessible space, created specifically to promote children's activity and mobility.

The classrooms feature new architectural details as well as high ceilings, huge windows, and a neutral color scheme, all intended to provide a warm and child-friendly environment.

The children use specially designed wooden furniture for grasping, pushing, standing, walking, and performing their regular daily tasks with minimal assistance.

The program incorporates field trips to local museums and other places of interest as well as excursions in the fully accessible park, just steps from the school.

Standing Tall is a non-profit organization and is financed entirely through program fees and donations.

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